## SCJH XC

### **Announcements 10-11-21**

#### **Intrasquad Meet #2**

The final intrasquad meet of the year for the SCJH XC team was held on Saturday October 9. It was a great day for a XC meet. We had two great races with every single runner showing considerable improvement over the first intrasquad meet. I am so proud of each and everyone of them. I want to thank Sam & Carol Rice for their help and support along with Superintendent Brett Elliott who is always anxious to support our student/athlete. And thank you to all the parents, family and friends who came to watch, support and cheer the runners on. Results can be found at:

screbels.com/jh.html

End Of The Year Team Meal
On Thursday October 14, the SCJH XC
team will have their "End Of The Year
Team Meal" at Julie's Cafe Market on
Main in Toulon. The team will meet right
after school by my car. After putting their
book bags, ect. in my car, we will then
walk up to Julie's for either a spaghetti or
mac & cheese meal. After finishing the
meal, we will walk back to school. The
plan is to be back at the school by 4:30
PM for pick up. If your child cannot
attend the meal, please let me know. The
meal is being paid for by a special
supporter.

#### **Oops**

I forgot to thank Isaac Macke for helping with the finish line Saturday morning. Isaac was not able to run Saturday morning but wanted to help out plus cheer his teammates on. Isaac is a great teammate. Thanks Isaac!!! Also I forgot to thank Elizabeth Gibson for all she did for the kids and me Saturday moring. Thanks Elizabeth!!!

#### Next Season (2022)

The plan right now for next year is to get a schedule together so we can compete against other schools. I hope this can be completed by early spring. High School Coach Rennick and I are planning on talking to the 5<sup>th</sup> grade PE classes sometime in middle to late April. Sign up sheets for the 2022 season will be in the JH office for this year's 6th and 7th graders and at SCES for this year's 5th graders in late April. A XC meeting we be held in May for all kids who sign up and their parents. We will be practicing over the summer 2 to 3 times a week so we can be ready to go on the first official practice date of Monday August 1, 2022. I am hoping all 6<sup>th</sup> and 7<sup>th</sup> graders on this year's team will sign up for next season to continue what we have started this year.

# Remember: The best is yet to come!!!

#### **Team Website**

The SCJH XC team website can be found at:

screbelscc.com/jh.html
Updated schedules and announcements
maybe found there.

Team Facebook Group

I have started a Facebook group called:

SCJH XC

Search for the group and then ask to join. If it doesn't allow to join let me know.

Coach Gary Frail
Cell phone (calls or texts): (309) 883-0165

E-mail: scsports@mchsi.com